

VALLABH VIDYANAGAR: 388120

NATIONAL SERVICE SCHEME

(2024-25)

Annual Report of the activities organized by NSS Cell of CVM University and NSS Units of the Constituent Colleges of CVM University

Annual Report of the activities organized by the NSS Cell of CVM University

Sr. No.

Details of activities

1.

Veer Bal Divas Celebration and Word meditation Day at CVM University constituent college IICP

On December 21, 2024, the NSS Cell of Indukaka IPCOWALA College of Pharmacy (IICP) celebrated Veer Bal Divas, and World Meditation Day. The event commenced with a brief introductory talk on Honoring the courage of the young martyrs on #VeerBalDivas. Final year student Krishana Nayak eloquently introduced their sacrifice. Following this, Dr. Dimal A Shah, a renowned meditation practitioner, led a profound meditation session for the attendees. The event was a resounding success, fostering an atmosphere of remembrance and inner peace among the students.









2.

CVM University's InduKaka Ipcowala College of Pharmacy has successfully conducted an awareness program on cyber security. Students and staff learned important tips on staying safe online. #cybersecurity #awareness #cvmuniversity #nss













3. CVM University Constituent College Indukaka Ipcowala College of Pharmacy NSS Unit proudly organized a one-day awareness camp on Adverse Drug Reactions (ADRs). Villagers in large numbers showed keen interest in learning about the importance of ADR reporting and its impact on public health.

#nsscamp #adr #pharmacyawareness #cvmuniversity #communityhealth









4. Today's NSS Event at Indukaka Ipcowala College of Pharmacy, a constituent college of CVM University

Fire Safety Training: Students actively participated in hands-on training, learning how to use fire extinguishers and water spray for safety.

Swachhata Abhiyan: A cleanliness drive was conducted around the college campus, inspired by Mahatma Gandhi's words. Students also took an oath to maintain cleanliness.

A day filled with learning and responsibility! 🔆





5. An awareness lecture was successfully conducted on August 10, 2024, to commemorate the International Day Against Drug Abuse and Illicit Trafficking. The event aimed to educate students and staff about the dangers of drug abuse and the importance of prevention.

The awareness lecture was well-received by the participants. The speaker's expertise and engaging presentation style made the session informative and impactful. The event successfully created awareness about drug abuse and its detrimental effects. It is anticipated that the knowledge gained will contribute to a healthier and drug-free environment within the institution.









6. NSS unit of Indukaka Ipcowala College of Pharmacy has successfully completed the "एक पेड़ माँ के नाम" campaign!

Event Details:

Date: 05th August, 2024

Time: 01:15 PM

Venue: College Lawn - Garden

Kudos to all the students and staff who actively participated in this meaningful initiative. Your dedication and commitment to environmental awareness and sustainability are truly commendable.

May this campaign continue to inspire positive change and foster a sense of responsibility toward our planet. Let's keep nurturing the

green spirit! 🖐 🔵









7. NSS Awareness Program at Sunav Village Date:28-09-2025

On 28th September 2025, the NSS unit of Indukaka Ipcowala College of Pharmacy conducted an awareness program at Sunav village. The main objective of the visit was to educate villagers on important aspects of health, hygiene, and lifestyle.

Key Awareness Topics:

- Safe Use of Medicines
- ✓ Women's Hygiene and Safety
- ✓ Importance of Cleanliness
- ✓ Role of Sports in a Healthy Life



NSS volunteers and staff members actively engaged with the villagers, spreading awareness and encouraging healthy practices. The villagers showed great interest and participated enthusiastically.

The program successfully promoted a sense of social responsibility and the importance of health and wellness in everyday life.









8. Report on World Suicide Prevention Day Celebration Date: 10th September, 2024

Time: 11:00 AM

Venue: Seminar Hall, Indukaka Ipcowala College of Pharmacy

The Red Ribbon Club, ST/SC (SEDGS) Cell, and NSS Unit of Indukaka Ipcowala College of Pharmacy, under CVM University, jointly organized an event to observe World Suicide Prevention Day on 10th September 2024.

Guest Speaker:

Dr. Ankur Mahida
Department of Psychology,
Institute of Language Studies & Applied Social Sciences
(ILSASS)

Dr. Mahida delivered an impactful session on the importance of mental health awareness and suicide prevention. He emphasized recognizing early signs of mental distress, offering support to those in need, and breaking the stigma surrounding mental health.

The session was highly informative and interactive, with students and faculty actively participating. The event aimed to sensitize attendees about mental wellness, promote open discussions, and encourage seeking help without hesitation.

The program concluded with a vote of thanks and a collective pledge to support mental health awareness in the community.







9. 78th Independence Day Celebration at Indukaka Ipcowala College of Pharmacy, New Vallabh Vidyanagar, Anand.

#independenceday #78independenceday #azadikaamritkal #iicp #cvmuniversity #india #nation









10. NSS One-Day National Camp at Village Utarsanda, Anand

Date: 24-03-2025 (Monday)

The NSS unit of Indukaka Ipcowala College of Pharmacy successfully organized a one-day national camp at Utarsanda village, Anand, on 24th March 2025. The camp focused on raising awareness about critical social and health issues among villagers and school students.

Activities Conducted

Village Awareness Campaign

NSS volunteers interacted with villagers to spread awareness on:

- ✓ Environment conservation and cleanliness
- ✓ Water conservation and storage
- ✓ Women's health and hygiene
- ✓ Safe use of medicines
- ✓ Cervical cancer awareness
- School Outreach at Utarsanda Kedvani Mandal's I J Patel Kanya Vidhyalaya

Volunteers visited Utarsanda Kedvani Mandal's I J Patel Kanya Vidhyalaya to educate students about:

- ✓ Water conservation and storage practices
- ✓ Safe usage of medicines
- ✓ Health hazards of consuming packaged snacks (e.g., namkeen food packets)
- Distribution of Educational Kits

To support students in their education, the NSS unit distributed pencils, erasers, sharpeners, and scales.

The event was a great success, fostering social responsibility and awareness among participants.





















11. Report on Blood Donation Awareness Program and Camp

• Organized by: NSS Cell and Red Ribbon Club

** Venue: Indukaka Ipcowala College of Pharmacy, CVM University

III Day 1: Blood Donation Awareness Program

Date: 07th October 2024

Time: 10:00 AM

Venue: Seminar Hall, IICP

The NSS Cell and Red Ribbon Club of Indukaka Ipcowala College of Pharmacy organized a Blood Donation Awareness Program to educate students about the importance of voluntary blood donation.

Expert Speaker:

Shri Shailoobhai Patel and his team from **IRCS**, **Anand** (Indian Red Cross Society) conducted an interactive session covering:

- The need for regular blood donation
- Health benefits of donating blood
- Myths and facts surrounding blood donation
- How a single donation can save up to three lives

The session was informative and helped dispel misconceptions among students, encouraging them to participate in the upcoming camp.







INDUKAKA IPCOWALA COLLEGE OF PHARMACY





12. Date: 08th October 2024 and 04-03-2025

Time: 10:00 AM onwards Venue: IICP Entrance

Following the awareness session, a Blood Donation Camp was held in collaboration with the Indian Red Cross Society. The camp witnessed enthusiastic participation from students, staff, and faculty members.

- Highlights:
 - Safe and hygienic blood collection process
 - Medical professionals from IRCS ensured donor care
 - Refreshments and appreciation certificates were provided to all donors

The event truly embodied the spirit of "Give Blood, Save Life", promoting a noble cause and strengthening social responsibility among students.

- > Total 34 bottles of blood donated by volunteers
- > 56 students checked thalassemia





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NSS-Program Officer

